

Newsletter

June-July 2024



Staffing Update

This month we say goodbye to **Libby McIntyre** our Deputy Practice Manager, Dr. **Vinod Balusubramanian**, and Dr. **Maria Stratton**. We are sure you will join us in wishing them well for the future!

We would also like to welcome;

- **Emily Marshall** as the PCN Manager for Kenilworth and Warwick.
- Dr. **Muhammad Tabraiz** is starting at Abbey Medical Centre as a Salaried GP after training here.
- Dr. **Gurpal Liddar** is at Abbey, covering Maternity for Dr. Qodrat.

Leaving

- Libby McIntyre - Deputy Practice Manager
- Dr Balasubramanian
- Dr Maria Stratton



New Changes

- Emily Marshall - New PCN Manager

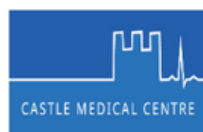
PCN locations



42
Station Road
Kenilworth
CV8 1JD



Portabello Way
Warwick
CV34 5GJ



22
Bertie Road
Kenilworth
CV8 1JP



2
Alder Meadow
Chase Meadow
Warwick
CV34 6JY

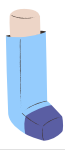


Priory Road
Warwick
CV34 4NA

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Recall Messages

We have gone through our annual recalls for those with Long term conditions. We have currently called those patients born in the months of April to September. If you are born in this time frame, qualify, and have not been contacted already, please contact reception.



Conditions included:

- **ASTHMA + COPD**
- **CHD**
- **DIABETES**
- **HYPERTENSION**
- **NON-DIABETIC HYPERGLYCAEMIA**



Health Checks

If you're **aged 40 to 74** and **do not have a pre-existing health condition**, you should be invited to an NHS Health Check by your GP or local council **every 5 years. We have currently paused invites for these but will resume in September.**

If you think you are eligible but have not been invited, contact your GP surgery to find out if they offer NHS Health Checks or contact your local council to find out where you can get an NHS Health Check in your area.

The check is for people who are aged 40 to 74 who do not have any of the following pre-existing conditions:

- Heart disease
 - Chronic kidney disease
 - Diabetes
 - High blood pressure [hypertension]
 - Atrial fibrillation
 - Transient ischaemic attack
 - Inherited high cholesterol [familial hypercholesterolemia]
 - Heart failure
 - Peripheral arterial disease
 - Stroke
 - Currently being prescribed statins to lower cholesterol
- Previous checks have found that you have a 20% or higher risk of getting cardiovascular disease over the next 10 years



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June-July 2024

Private Covid Vaccinations

Abbey Medical Centre has started offering private Covid vaccinations for patients who wouldn't otherwise be eligible for a free vaccination on the NHS.

We are offering this private service for £89. Text messages are being sent out to patients who the service may be of interest to or benefit from.



Looking ahead to Flu and vaccinations

Although we are in the summer, we are already looking ahead to autumn and the start of the flu season, in our next newsletter we will expand on the progress and plan for vaccinations in greater detail.

Our annual Flu programme will commence in September, this will be followed by Covid vaccinations starting up again in October, as well as a new vaccination which is featured below.

Respiratory Syncytial Virus (RSV) vaccination

From 1 September 2024, an RSV vaccine should be offered to:

- Adults turning 75 years old on or after 1 September 2024, who remain eligible until their 80th birthday
- Adults already aged 75 to 79 years on 1st September 2024 as a catch up cohort
- All pregnant women should be offered the RSV vaccination from week 28 of their pregnancy.



What is RSV?

Respiratory syncytial virus is a common cause of acute respiratory tract infections which are usually mild and self-limiting. The virus is transmitted via respiratory droplets (coughing, sneezing), through close contact with an infected person or contact with contaminated surfaces. Symptoms usually include runny nose, cough and fever. For infants, and older adults, the virus can lead to more severe illness and hospitalisation.



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Newsletter

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Congratulations

Dr Jacques



Doctor Jacques has achieved certified specialist status from the British Menopause Society, congratulations on a terrific achievement that will benefit the patients of Abbey Medical Centre!



What does a BMS Specialist mean?

A menopause specialist is a healthcare professional who has additional knowledge and skills, assessing and treating women with complex needs such as multiple treatment failures, POI, complex medical problems, high risk cancer genes or hormone dependant cancer. They accept referrals of more complex patients and support colleagues to manage patients with higher risk factors or where there are multiple factors that affect decision making.

Sustainability:

Patients may have noticed that the surgery has a new look! this is thanks to the Talisman Gardeners and organised by the Chair of our PPG - Stella Moore.



Abbey Medical Centre has benefited from gaining a superb display, which is regularly watered by two volunteers of the PPG. The combined efforts have resulted in an increase in wildlife activity, especially the bees which can be seen picking up their pollen bounty!



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Newsletter

June-July 2024



Carers' Project



We have introduced a new Wellbeing service at the surgery focusing on carers. Our team of trained non-medical staff have been making regular calls to registered carers whom may need our support.

The goal is to offer a more Pro-active service, as it stands we are already liaising with another practice who aim to mirror this innovative initiative. The service is predominantly aimed at the health and wellbeing of the carer, but may also incorporate issues faced by the person being cared for.

The volunteers undertaking this project have previously been involved with a similar wellbeing project whereby they made contact with patients over 70 who haven't visited the GP's in the past 6 months to check in and see how things are going and if they may need any signposting to additional services. This Project went very successfully and set the course for the current carers project.

If you or someone you know, feels like they should be on the carers list, please get in contact with the surgery to update us of your situation so we can best support you.

This can be done by calling reception on, **01926 859955**

or

Visit our website, the details of which are below.

www.abbeymedicalcentre.co.uk



Since January First:

Patients gained - 542

Patients Left - 499

total appointments [as of 18/6] - 9843

Abbey Medical Centre has received 81,451 inbound calls!



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Newsletter

A message from Stella Moore - PPG Chair

As a PPG, we are really proud of the projects we carry out in collaboration with the staff at AMC.

We work hard to ensure that we achieve positive changes for the patients we represent.

As you can see from this Newsletter, we are very proactive.

Recent highlights include;

- Instigating the **transfer of the plants from Talisman Square**, which really enhances our frontage; to the benefit of patients and the community.
- Working with the staff at AMC to set up **Wellbeing Calls to Carers**. Weekly meetings ensure actions are initiated where needed, to benefit our carers.
- Our **Menopause Group meets on a monthly basis** and is well supported by AMC staff
- You have probably seen the **PPG Wellbeing Walks** for patients. They **leave the surgery every Friday at 12:30am**.
- Regular suggestions from **members lead to improvements** on our website

We also collect patient views, both positive and negative, and feed these back to the Practice Manager. The safety of our frontage was improved after we asked for the ruts to be filled in and the mud to be turfed over. Bollards should, once installed, prevent parking in these areas, making access for patients safer.

As the PPG CHAIR, I would like to thank all the volunteers who give their time to add value to patient experience at AMC.

If you would like to register your interest in joining our PPG please go to our website and fill out a registration form under 'Patient Group'



Patient Group



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NHS App



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